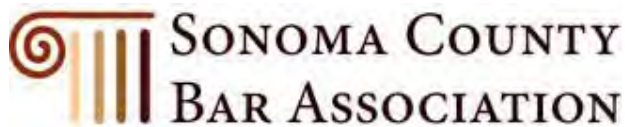


Includes 1 Unit of
Competence Credit



Includes 1 Unit of
Competence Credit

Along with the SCBA Education Committee, presents:

Signs and Symptoms of Substance Use and Mental Health Issues Among Attorneys

This Interactive Program Will:

- ⇒ Discuss how prevalent substance use and mental health issues are among attorneys.
- ⇒ Discuss how substance use and mental health issues impair an attorney's ability to perform legal services with competence.
- ⇒ Describe the signs and symptoms of addiction, depression, anxiety, and stress.
- ⇒ Provide information on the Lawyer Assistance Program and other resources.



Lita Abella
Senior Program Analyst, Lawyer Assistance Program
The State Bar of California

Lita Abella is a Senior Program Analyst at the State Bar of California. Her role is to conduct outreach and present education programs for the Lawyer Assistance Program (LAP). She recently promoted into this position after working as an investigator for over 5 years in the Office of Chief Trial Counsel where she investigated and assisted in the prosecution of attorneys for misconduct.

Date: Thursday, August 15, 2019

Time: Check-In: 3:45 pm; Presentation: 4:00 - 5:00

Place: SCBA Office, 111 Santa Rosa Ave., Ste. 222, Santa Rosa, CA 95404. Parking for this seminar is ONLY available in the Public Parking Garage at 555 First Street. Do not park in the parking lot at 111 Santa Rosa Avenue.

Registration Fee: \$60--SCBA Members; \$75--Public; \$45--SCBA Barristers Club Members in their 1st 5 years of practice
\$20--Students (Students must provide proof of current enrollment with registration to receive discount)

Credit*: 1.0 Unit Participatory MCLE Credit in Competence Issues

Water and light snacks will be provided.

Please sign me up for *Substance Abuse and Mental Health Issues on 8-15-19*

Attendee(s): _____

Phone: _____ ♦ Email: _____

SCBA Has Gone Green! All Handout Materials Will Now be Provided Digitally to all Registrants!

Handout material will be emailed no later than the morning of the presentation to the email address listed above. Printed material will not be available at the door.

Check, Visa, MasterCard, or Discover Accepted ♦ Amount: \$ _____ ♦ Payor: _____

Card #: _____ ♦ Exp: _____ ♦ CVV: _____ ♦ Zip: _____

REGISTER By: PHONE: call 707-542-1190 x10 • FAX: 707-542-1195 • MAIL: Sonoma County Bar Association, 111 Santa Rosa Ave., Ste. 222, Santa Rosa, CA 95404 • WEB: go to www.sonomacountybar.org. Online registration closes one day prior to the presentation for programs hosted at the SCBA office and 5 business days prior for programs hosted outside of the SCBA office. Once online registration closes, you may continue to register for this program by phone or fax.

REFUNDS: For programs at the SCBA office, refunds will be granted if notice is given to SCBA by 3:00 pm the day prior to the presentation. For programs hosted outside of the SCBA office, refunds will only be granted if notice is given 5 business days prior to the start of the program. A Refund Request Form must be submitted to the SCBA office in order to receive a refund. Refund Request Forms are available on the SCBA website. You may also request them by emailing Reception@SonomaCountyBar.org.

*This program has been approved for participatory credit as listed above. The Sonoma County Bar Association is an approved Multiple Activity Provider (Provider #130) for Minimum Continuing Legal Education credits by the State Bar of California and a Multiple Activity Provider (Provider #130) by the State Bar of California's Board of Specialization for Legal Specialization credits in (1) Family Law, and (2) Estate Planning, Trust & Probate Law. The Sonoma County Bar Association certifies that this activity conforms to the standards for approved education activities prescribed by the rules and regulations of the State Bar of California governing continuing legal education.