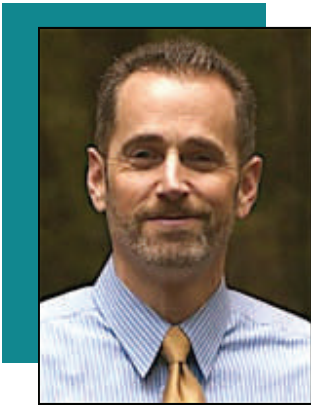


Along with the SCBA Education Committee presents:

Stress, Depression and Substance Abuse—Coping with the Challenges Often Associated with Legal Practice

An examination of the stress, depression and substance abuse and related problems often experienced by legal professionals.



Richard Carlton

Education, Research and Development
Lawyer Assistance Program
State Bar of California

Richard Carlton is in charge of Education, Research and Program Development for the Lawyer Assistance Program of the State Bar of California. He also manages a free, short-term personal counseling service for the members of the California Bar. Additionally, he is a consultant to the US Courts for the Ninth Circuit, the National Conference of Bankruptcy Judges, and to the Idaho Judicial Branch on matters of judicial stress and wellness.

Mr. Carlton regularly delivers continuing legal education presentations to local bar associations, specialty bars, State Bar sections, and law firms throughout California on addressing substance abuse and managing stress. His articles have appeared in *Judicature*, *The Judges Journal* of the ABA, *California Bar Journal*, and other legal publications. He has been addressing mental health and disability concerns in the legal profession for twenty-four years. Richard holds a Masters Degree in Public Health from UC Berkeley, where his studies focused on treatment interventions and behavioral science research.

Date: Tuesday, January 31, 2012
 Time: 11:45 am check in; 12:00 - 1:00 pm Presentation
 Place: SCBA Office, 37 Old Courthouse Sq., Ste. 100, Santa Rosa CA 95404
 Cost: \$40--SCBA Members; \$50--Public
 Student Fee \$20 --Must Register by 1-17-12 and also show proof of enrollment to receive discount
 MCLE Credit: 1.0 Unit Substance Abuse MCLE Credit

Please feel free to bring a brown bag lunch as only water and light snacks will be provided.



Please sign me up for *Stress, Depression & Substance Abuse on Tuesday, January 31, 2011*

Name: _____ Firm: _____ Phone: _____

Check Enclosed: _____ Visa/MC Number: _____

Amount: \$ _____ Exp: _____ CVV: _____ Zip Code: _____

PHONE: call 707-542-1190 x18 (credit card payments) • **FAX:** this form to: 707-542-1195 (credit card payments) • **MAIL:** this form to: Sonoma County Bar Association, 37 Old Courthouse Sq., Ste. 100, Santa Rosa, CA 95404 (check or credit card) • **WEB:** go to www.sonomacountybar.org and click the class on the MCLE Link; follow instructions • **QR Code:** Scan the QR Code on this page with your mobile device to register. Requires a reader app to be installed on your mobile device.